



## Stage 5 – Marston Trussell to MH Leisure Centre Distance: 4.5mi – Est. Start Time: 11:43

Starting outside Marston Trussell Church yard gates, follow the road towards Lubenham over the Welland bridge after which there is a footpath onto the country on the right. Follow the footpath diagonally across the field. Caution will be needed at the start of the footpath which can be slippery and has the river below and to the right. At the stile which goes onto the lane with a small bridge to the right cross to the next stile/gate onto a footpath across Lubenham Hall estate and cricket field which is on your right, continue to stile which leads onto the Farndon -Lubenham road. Turn right and run for just over a mile into East Farndon and turn left towards Harborough. TAKE CARE CROSSING THE ROAD, continue towards Harborough then turn right into Watson avenue then left into Maurice road and right into Rainsborough Gardens. Follow on then onto the leisure centre fields path, through the playing fields to the end of the path and turn left into the road around the back of the leisure centre to the finish.