



## **Stage 4 Braybrooke to Harborough Leisure Centre 2.8 miles**

(estimated start time is 11.15 a.m)

Starting from New Road, Braybrooke on track past new built houses, follow track on for 400 metres where it bends to the left.

There is a gate in front of you that leads to a footpath straight across the crop fields.

Carry on for about a mile.

The path crosses a wide track and through a gap in the hedge and crosses a footbridge across a stream.

The opposite bank is steep and has steps up it.

The path follows on from here across a well- worn path slightly angled left across crops for about 100 metres to a stile onto Brampton Valley Way, turn right and continue for nearly a mile and turn left onto Scotland Road and left again and along Northampton Road, past the garage and cross the road at point with safe 2 stage island crossing (opposite allotments).

Carry on the path and through past the Leisure Centre to the changeover which is on the path by the football club and is where we start our time trials and handicap course.