

HARBOROUGH

Athletic Club

Pathways and protocols for 16-18 year olds joining adult groups and senior groups 10 April 2024

Age group	16-18yrs within a senior group.	16+in a Couch 2 5km group
Steps to take	Suitability for joining adult group has been agreed by junior coordinator in discussion with senior coach coordinator and current coaches of Young person. • Parental agreements in place. • Agreement should include: – parental responsibility for getting them to and from the venue or that they are allowing young person to get their on their own – What parents need to do if they are running late or not coming • Coaches/ CIRFS LIRFS/ CA are informed of young person's name and 'assessed' level of performance as well as their aspirations with regard to their running (e.g. want to be considered for nomination on an EA youth talent pathway for endurance interest 5km 10km track and road, etc). • Regular review/ feedback of progress of young person with junior coaching coordinator or named junior 'coach' (after each block approx 5 weeks) unless issues arise prior to this • Any pertinent information is shared with 'new coach' at leader at changeover. • Signing up to group* see notes on what we might be able to put in place.	• Parental agreement sort for inclusion on the programme. • Parents & Young person made aware that should athlete wish to join as a member following the course, they will have to register as a junior member and be subject to the protocols in place for junior members. • Junior coordinator made aware that a junior is part of this programme and advised of progress/ possible interest in joining the club as they near the end of the course. • Discussion held between junior coordinator, senior coordinator leader/coach of C25km and Young person as to what next steps are available to them (join junior group or run with senior group). • If Young person joins senior group then all leaders and coaches are made aware of young person's name. • Any pertinent information is shared with new coach/ leader at changeover. • Signing up to group* see notes on what we might be able to put in place.
Ratio	Currently 1:12, to every coach/ leader present. If parent or parent advocate ** present they can assume the 'eyes and ears role' (this needs to be agreed). Ratio can be as Club allows provided there is a robust risk assessment (SEE UKA guidance on supervision ***)	Currently 1:12, to every coach/ leader present. If parent or parent advocate ** present they can assume the 'eyes and ears role' (this needs to be agreed). Ratio can be as Club allows provided there is a robust risk assessment (SEE UKA guidance on supervision ***)
Plans	Coach approves the session plans for Session led by LIRF/CA.	Coach approves the programme and session progression.

	Outline of session venue and meeting place put on club pal	Outline of session venue and meeting place put on club pal
Risk Assessment	Coach/ leader aware of venue risk assessment and Dynamic risk assessment considered for session. Coaches aware of the Young person(s) present in group and considers this in assessing risk.	Coach/ leader aware of venue risk assessment and Dynamic risk assessment considered for session. Coaches aware of the Young person(s) present in group and considers this in assessing risk.
Additional measures	- Coaches/ leaders register their groups at start of session. If a member of group is under 18 and doesn't turn up, contact parent / care giver before leaving meet up venue. - Coach / leader made aware of arrangements regarding leaving session. If Young person is being picked up then Coach or additional volunteer stays with young person until this happens. Young person is with eyesight and ear shot of coach at all times. If parent or parent advocate present they can assume the 'eyes and ears role' if agreed. Young person is never isolated at back of group	- Coaches/ leaders register their groups at start of session. If a member of group is under 18 and doesn't turn up, and you have not been notified of absence, contact parent / care giver before leaving meet up venue. - Coach / leader made aware of arrangements regarding leaving session. If Young person is being picked up then Coach or additional volunteer stays with young person until this happens. Young person is with eyesight and ear shot of coach at all times. If parent or parent advocate present they can assume the 'eyes and ears role' if agreed. Young person is never isolated at back of group
	ANY CONCERNS, WITH REGARD TO YOUNG PERSON ARE RAISED with Junior coordinator Mel Brocklebank (Junior coordinator) or if the concerns is a safeguarding issue, Catherine Poynton (Lead welfare officer)	

***Signing in to adult groups:**

Currently sign up for junior athletes attending senior sessions is via membership secretary who has parental agreements to do this.

****Parental advocate** (A named person known to the Parent of the young person. If a parental advocate is being used the Parent has to have signed an agreement that they are happy for this person to fulfil this role. If this person is not present at the session and ratios exceed what we would allow, then the young person cannot run in the session).

*****UKA guidance with regard to supervision:**

Section 1 -Supervision - Supervision levels and nature of that supervision will depend on a number of things:

- Age

- Gender
- Behaviour
- Ability of group and any reasonable adjustments that are required
- Any special needs
- The nature and duration of the session activities
- The competence and experience of volunteers involved
- The maturation levels and experience of the athletes being coached
- The location of the session
- Equipment type, complexity required for the session
- Experience of the Coach / Leader

Carry out a risk assessment of the activities you are planning, taking these things into account. This will help you to make a decision about the number of volunteers and the nature of their experience required for the session to remain safe, fun and promote learning